

The High Note Lesson -

The one thing I have observed every high note player to be able to do better than most...

How Do We Change Pitch? “Wrong” or “Right” way?

- #1 most common answer ...
- #2 most common answer ...
- Can you whistle? What is moving?

Isolating the pitch changing mechanism, then adding sound (air).

Check This Video Out -

<https://youtu.be/De5jY-J90Qo>

A lot of my practice is dedicated towards

- Efficiency
- Mechanical advantage
- Leverage
- Sound

Exercises I do for range building

- Rips
- Rips to a high long tone
- Turning the Rip into a scale
- Turning the Rip into something musical

Other Topics Related To Range

- “Wedge Breath” and breathing in general.
- Pitch Bends and Pipe Buzzing
- “The Hiss”
- Resonance
- Mouthpiece resonance vs horn resonance
- Aperture motion, which muscles are you using? Muscles to open (levator), or muscles to close (depressor)?
- Threshold training
- High gear vs Low gear

Weird Examples Of This High Note Technique

- Spitting water stream
- Play a high C without any (zero) air in your lungs, no abdomen muscle activation.
- Blow up a ballon without any air in your lungs.
- Never let your books move far away from your body...(I’ll explain)
- Stink face or tension

My Flexibility Stinks, My Tongue Motion Does Nothing For The Pitch Change....Biggest Reasons Why:

- Aperture Size
- Playing in the “red” or soft tissue
- Aperture Motion and Starting Position
- Not strong enough to hold aperture correctly
- Why I like Lip Buzz?

Other topics

- Role of a lead player
- Equipment
- Anything else you want to know?
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